



# HIGH QUALITY CHAMELEON NUTRITION

## MAIN PRINCIPLE

Replicate wild conditions as much as possible, compensate with supplementation the difference.



### HQFF

**HIGH QUALITY FEEDER**

### MAGICAL FORMULA

### NG

**NATURALISTIC GUT-LOADING**

**WELL-NOURISHED CHAMELEON**  
=  
**HQFF + CS + NG**

### CS

**CORRECT SUPPLEMENTATION**

#### DEFINITION

Feeding of feeders is a process of providing them food for their own nutrition (to be turned into growth, life and reproduction) to build up their own bodies as a high-quality-food for the predator (chameleon).

#### TO DO

Feed the feeders continually their natural diet and add meaningful substances increasing their nutritional value.

#### FEED

**Dry food:** bee pollen, alfalfa, spirulina, seaweed, dry hay.

**Moist food:** grass, hay, carrots, apples, lettuce.

#### DEFINITION

A process of forceful manipulating the feeder to eat something to be transported in his guts to the body of predator (chameleon) and serve its (predator's) nutrition and subsequent growth, life and reproduction; done shortly before its consumption by the predator.

#### TO DO

Gut-load (let the feeders swallow) Bee Pollen, mixed with water or natural nectar few minutes before feeding; add minerals, vitamins or medicaments if required.

#### DEFINITION

Supplementation is a process of adding specific substances (nutrition) to the food to boost its nutritive value and/or compensate the lack of some nutrient(s) in the bodies of captive feeders if compared to wild food.

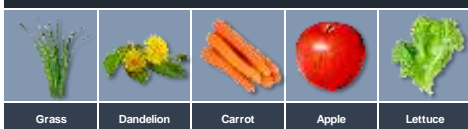
#### TO DO

Select one of the recommended schedules and keep them rigorously. Sprinkle/dust the supplements over the feeders. For Pigmy, Dwarf and Montane Chameleons dust very lightly, for others dust heavily.

Dry Food



Moist Food



#### DO NOT FEED

**Vegetables containing high level of oxalates:** e.g. broccoli, spinach

**Poisonous plants:** e.g. potatoes, poison ivy.

**Fruits with high acidity:** citrus fruits.

**Unnatural things:** roasted almonds, dog and cat food.

#### NOTE

Pre-mixed products are available, usually somewhat mislabelled as „gutload“.

#### The ARCADIA Way

Day 1, 2, 3	Day 4	Day 5, 6, 7	Day 8	Day 1 to 8
EarthPro-A	CalciumPro MG	EarthPro-A	Revitalise D3	ShedSupport (only when shedding)

#### The General Way

Daily		Fortnightly		Daily	
					Better do every second day due to high fat-soluble vitamins content
Bee pollen	Calcium powder without D3	Multivitamin ExoTerra, Reptivite	Calcium powder with D3	Calcium Plus LoD	

